

Theta burst stimulation in neglect after stroke: functional outcome and response variability origins

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Spatial neglect is a strong and negative predictor of general functional outcome after stroke, and its therapy remains a challenge. Whereas inhibitory non-invasive brain stimulation over the contralesional, intact hemisphere has generally been shown to ameliorate neglect on a group level, a conspicuous variability of the effects at the individual level is typically observed. We aimed to assess the characteristics and determinants of the effects of inhibitory non-invasive brain stimulation in neglect, identifying which patients would respond to this therapeutic approach and which not. To this end, we prospectively included 60 patients with a subacute right-hemispheric stroke. In 30 patients with spatial neglect, continuous theta burst stimulation (cTBS) was applied over the left posterior parietal cortex in a randomized clinical trial, either in eight or 16 trains, or as sham stimulation. Thirty patients without neglect served as a control group. Neglect severity was measured with a neuropsychological test battery and the Catherine Bergego Scale, at admission to and at discharge from inpatient neurorehabilitation, as well as at 3 months follow-up. General functional outcome was assessed by means of the Functional Independence Measure and the Lucerne ICF-based Multidisciplinary Observation Scale. The impact of clinical and demographic factors was evaluated, and the influence of lesion location and extension was assessed by means of voxel-based lesion-symptom mapping. On a group level, both cTBS protocols (i.e. eight and 16 trains) significantly reduced neglect severity in both the Catherine Bergego Scale and the neuropsychological tests, at discharge and 3 months later. Furthermore, cTBS significantly improved general functional outcome. On an individual level, hierarchical cluster and voxel-based lesion-symptom mapping analyses revealed that the variability in the responses to cTBS is determined by the integrity of interhemispheric connections within the corpus callosum, in particular parieto-parietal connections. In cTBS responders, in whom neglect and general functional outcome were significantly improved, the corpus callosum was intact, whereas this was not the case in cTBS non-responders. Moreover, analyses based on the proportional recovery rule and the Mauerer predictive stroke recovery model showed that the recovery of neglect and of the activities of daily living was accelerated only in cTBS responders. Furthermore, the level of activities of daily living recovery of these neglect patients was brought close to the one of right-hemispheric control patients without neglect. Hence, in neglect patients with intact interhemispheric connectivity, cTBS over the contralesional posterior parietal cortex significantly improves and accelerates neglect recovery and, associated with it, general functional outcome.

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Abbreviations: ADL = activities of daily living; CBS = Catherine Bergego Scale; cTBS = continuous theta burst stimulation; FIM = Functional Independence Measure; LIMOS = Lucerne ICF-based Multidisciplinary Observation Scale; MoCA = Montreal Cognitive Assessment; NIHSS = NIH Stroke Scale; PPC = posterior parietal cortex; VLSM = voxel-based lesion-symptom mapping

Introduction

Among cognitive impairments after stroke, spatial neglect is common, occurring in up to 43% of patients with a lesion of the right hemisphere (Ringman *et al.*, 2004). Spatial neglect severely affects the activities of daily living (ADL) and is a strong, negative, and independent predictor of general functional outcome (Nijboer *et al.*, 2013, 2014). The relevance of the negative effects of spatial neglect on the long-term functional outcome in the ADL is further highlighted by the recently-developed Maugeri predictive model of stroke outcome (Scrutinio *et al.*, 2017), which integrates the presence of spatial neglect as a main predictive factor.

The pathophysiological mechanisms underlying spatial neglect and its recovery are still controversial and debated. Some studies suggest a maladaptive role of the left, undamaged hemisphere, which undergoes a pathological hyperexcitability after a lesion of its contralateral homologue (Kinsbourne, 1987; Corbetta and Shulman, 2011). A reduction of this contralesional hyperexcitability has been typically targeted by inhibitory, non-invasive brain stimulation, generally resulting in an amelioration of neglect symptoms on a group level (Salazar *et al.*, 2018). However, on an individual level, a conspicuous variability in the effects of contralesional, inhibitory non-invasive brain stimulation in neglect has been observed, i.e. not all patients equally benefit from this approach (Lefaucheur *et al.*, 2014). Conversely, and somewhat in line with this variability, some studies point to a compensatory role of the contralesional, undamaged hemisphere (Lunven *et al.*, 2015; Umarova *et al.*, 2016), suggesting that its activity should be facilitated rather than inhibited. Finally, from a third perspective, other recent studies have suggested that neglect recovery dynamics after stroke follow fixed, non-influenceable patterns: within 3 months after stroke, patients would recover $\approx 70\%$ of their initial impairment, irrespectively of the type of applied therapeutic approaches [i.e. the so-called proportional recovery rule (Marchi *et al.*, 2017; Ramsey *et al.*, 2017; Winters *et al.*, 2017)].

The aim of the present study was to clarify these discrepancies between current perspectives. For this purpose, we assessed 60 patients with a subacute right-hemispheric stroke, who were recruited prospectively. Thirty of these patients presented with left-sided neglect, and were treated

with continuous theta burst stimulation (cTBS), an inhibitory, repetitive transcranial magnetic stimulation protocol (Huang *et al.*, 2005; Nyffeler *et al.*, 2006). cTBS was applied over the left posterior parietal cortex (PPC), a critical node of the dorsal attentional network (Corbetta and Shulman, 2011) in a randomized, double-blind, sham-controlled design. To assess a possible dose-response relationship, we applied either eight or 16 cTBS trains, and contrasted the results with the ones of sham stimulation. Neglect severity was assessed by means of the Catherine Bergego Scale (CBS) and a comprehensive neuropsychological test battery, at admission to and at discharge from inpatient neurorehabilitation, and at 3 months follow-up. To identify the determinants of the cTBS effects (i.e. in which patients an inhibition of the contralesional, left PPC would result in beneficial effects on neglect severity), we assessed the role of different patient characteristics such as demographic variables, clinical variables, and lesion localization using voxel-based lesion-symptom mapping (VLSM). Moreover, to assess whether general functional outcome would be influenced by the cTBS intervention, we analysed recovery dynamics in the ADL by measuring changes in the Functional Independence Measure (FIM) (Keith *et al.*, 1987), in the Lucerne ICF-based Multidisciplinary Observation Scale (LIMOS) (Ottiger *et al.*, 2015; Vanbellingen *et al.*, 2016), and by quantifying the contribution of demographic and clinical factors. The results were compared systematically with those of the remaining 30 patients, who also suffered from a subacute right-hemispheric stroke, but did not present with neglect. Finally, we aimed at identifying patients whose recovery dynamics would fit the predictions of influential stroke recovery models [i.e. the proportional recovery rule (Marchi *et al.*, 2017; Ramsey *et al.*, 2017; Winters *et al.*, 2017), and the Maugeri predictive model (Scrutinio *et al.*, 2017)], ascertaining whether cTBS would be able to positively influence the predicted outcome.

Materials and methods

Patients

Sixty patients (age 27–86 years, mean = 66.4, SD = 14.2; 24 female) with a first, right-hemispheric stroke participated in the study. All patients were admitted to the Neurology and

Neurorehabilitation Center, Luzerner Kantonsspital (LUKS), from April 2014 to February 2017, to receive multidisciplinary, inpatient neurorehabilitation, and were consecutively enrolled in the study (see the Consort diagram in the Supplementary material for details).

Each patient underwent a full neurological examination at admission, including the NIH Stroke Scale (NIHSS). Hand grip strength of the affected upper limb was measured by means of the hydraulic hand dynamometer Jamar (Chen *et al.*, 2009). Stereognosis was assessed by means of the corresponding subscale of the Nottingham Sensory Assessment (Lincoln *et al.*, 1998). In addition, cognitive functioning was assessed by means of the Montreal Cognitive Assessment (MoCA) (Chiti and Pantoni, 2014). Thirty right-hemispheric stroke patients presented with neglect and were randomized within the cTBS protocol. To estimate for the specific effects of neglect symptoms on functional outcome, 30 right-hemispheric stroke patients without neglect served as a control group. The presence of neglect was defined as: a pathological score in the CBS (≥ 1), a mean relative rightward deviation from the actual midline of $\geq 11\%$ in the Line Bisection Task (Schenkenberg *et al.*, 1980), and a Center of Cancellation (CoC) value of > 0.08 in the Bells test (Gauthier *et al.*, 1989; Rorden and Karnath, 2010). Patients suffering from major psychiatric disorders and other co-morbidities (i.e. drug and alcohol abuse) were excluded. In addition, for the patients undergoing the cTBS protocol, a history of epilepsy and the presence of metallic implants represented further exclusion criteria (Rossi *et al.*, 2009).

The randomization procedure was carried out by a blinded collaborator (T.P.), using a computerized block randomization protocol to ensure equal group sizes (<https://www.random.org/integer-sets>). Treatment allocation was concealed from the trained observers. The study followed the CONSORT guidelines and was conducted in accordance with the principles laid down in the latest Declaration of Helsinki (WHO, 2013), and was approved by the local Ethics Committee of the state of Lucerne. All patients gave written informed consent prior to participation.

Lesion mapping and analysis

To identify the lesion-related determinants of the cTBS effects, lesion mapping, overlapping, volume determination, VLSM analyses, and a probabilistic white matter fibre tract disconnection analysis were conducted with procedures similar to the ones described in our recent work (Cazzoli *et al.*, 2016; Kaufmann *et al.*, 2018). For a detailed description, see the corresponding methods section in the Supplementary material.

Experimental procedures

All patients received interdisciplinary therapy in our neurorehabilitation clinic. In addition, all neglect patients also received smooth pursuit eye movement training, daily over a period of 3 weeks (for details concerning the precise smooth pursuit eye movement training procedure, see Hopfner *et al.*, 2015). All primary and secondary outcomes were assessed during the first week after admission to the clinic (henceforth referred to as T0) and in the last week before discharge (henceforth referred to as T1). Neglect-related outcomes were additionally

reassessed in a follow-up testing session 3 months after discharge (henceforth referred to as T2).

Outcomes

Primary outcome

The CBS was chosen as the primary outcome measure, since this scale is particularly sensitive and has high ecological validity in the neglect rehabilitation context (Azouvi, 2017). The CBS quantifies the influence of spatial neglect-related deficits on the ADL, assessing 10 activities of daily life, such as grooming, navigating, and exploring space. Each of the 10 items is scored on a 0–3 scale, with 0 indicating no neglect, and 3 indicating severe neglect (i.e. total CBS score range of 0–30). The CBS was completed by rehabilitation nurses taking care of the patients on a daily basis, who were blind with respect to the experimental protocol, and who observed the patients performing the different ADL.

Secondary outcomes

A battery of several neuropsychological neglect tests was administered. Body representational neglect was assessed by means of the Fluff test (Cocchini *et al.*, 2001), free visual exploration behaviour by means of the Two-Part-Picture test (Brunila *et al.*, 2003) in the near and far space, and visual search behaviour by means of the bird cancellation task (Hopfner *et al.*, 2015) (Supplementary material).

Since inter- and intra-individual variability in the different neglect test results is typically high (Lundervold *et al.*, 2005), and a test battery is more sensitive than any single test alone (Azouvi *et al.*, 2002), a composite score was derived from the results of the single tests composing the above-mentioned battery. To aggregate the results of the different single tests, we first calculated standardized pre-post differences (Becker, 1988; Grawe and Braun, 1994) between admission and discharge (i.e. T0 and T1), and between discharge and follow up (i.e. T1 and T2), for each of the four test scores. We then calculated the mean of these four standardized scores, resulting in the composite score:

$$\left(composite\ score = \frac{\sum \frac{score_{pre} - score_{post}}{SD_{pre}}}{4} \right). \quad (1)$$

The general functional outcome was assessed by means of the FIM (Keith *et al.*, 1987) and of the LIMOS (Ottiger *et al.*, 2015). The LIMOS was included as an additional measure because it has been shown to be more sensitive than the FIM (Vanbellinggen *et al.*, 2016). A further advantage of the LIMOS is that it offers the possibility to assess the functional role of the upper limb in the ADL separately (Vanbellinggen *et al.*, 2017) (see the Supplementary material for a detailed description).

Continuous theta burst stimulation and sham protocol

CTBS was applied by means of a MagPro X100 stimulator (Medtronic Functional Diagnostics), connected to a round coil with a 60 mm outer radius (magnetic coil transducer MC-125). The same cTBS protocol was used as previously described (Nyffeler *et al.*, 2008, 2009; Cazzoli *et al.*, 2009a, b, 2012).

In brief, the cTBS protocol comprised 801 pulses, delivered in a continuous train of 267 bursts. Each burst consisted of three pulses at 30 Hz, repeated at 6 Hz. The duration of one single cTBS train was therefore 44 s. To test for a potential dose-response effect, the 30 neglect patients were randomly assigned to one of three possible groups: 8cTBS trains, 16cTBS trains, or sham stimulation. In the 8cTBS group, eight cTBS trains were applied over 2 days. Four cTBS trains were applied on Day 1 [two cTBS trains with an interval of 15 min, the third and the fourth cTBS train 60 and 75 min after the first one, respectively (Cazzoli *et al.*, 2012)], and four cTBS trains on Day 2 (same time intervals as for Day 1, repeated after 24 h). In the 16cTBS group, the same daily protocol was repeated four times, i.e. 16 cTBS trains were applied over 4 days. Stimulation was applied over P3 (Nyffeler *et al.*, 2009; Cazzoli *et al.*, 2012), according to the international 10–20 EEG system, overlying the left PPC in proximity of the intraparietal sulcus (Hilgetag *et al.*, 2001). The coil was held tangentially to the scalp, with the handle pointing posteriorly, the current flowing clockwise as viewed from above. The patients were asked to close their eyes during stimulation application. CTBS was delivered at 100% of the patients' individual resting motor threshold. Sham stimulation was applied with the same 8cTBS protocol as described above, except for the use of a sham coil (Magnetic Coil Transducer MC-P-B70).

Statistical analyses

Baseline demographics (age, gender, years of education, handedness) and clinical characteristics (MoCA score, time after stroke onset in days, lesion volume in cm^3 , lesion load of the corticospinal tract in per cent, Jamar, stereognosis, NIHSS, CBS, FIM, LIMOS, and LIMOS upper limb scores) were compared across the three groups (sham, 8cTBS, 16cTBS) by means of separate, univariate ANOVAs for continuous variables, or by means of chi-squared tests for nominal variables.

The effects of cTBS between admission and discharge on neglect severity ($\Delta\text{CBS T0-T1}$ and $\Delta\text{Composite score T0-T1}$) and on functional outcome ($\Delta\text{FIM T0-T1}$, $\Delta\text{LIMOS T0-T1}$, $\Delta\text{LIMOS upper limb T0-T1}$) were assessed by means of separate, univariate ANOVAs with the between-subjects factor group (sham, 8cTBS, 16cTBS).

To evaluate whether the effects of cTBS on neglect remained stable between discharge and follow-up 3 months later ($\Delta\text{CBS T1-T2}$ and $\Delta\text{Composite score T1-T2}$), we performed separate, univariate ANOVAs with the between-subjects factor group. The differences between time points (i.e. T0–T1 and T1–T2) were analysed separately because of the drop-out of some patients at T2 (a repeated-measures analysis approach would have caused the exclusion of these patients at all time points). For all analyses, post-hoc testing was performed by means of Fisher's least significant difference (LSD)-corrected t-tests.

Pearson's correlations were computed to explore how demographics (age, gender, years of education) and clinical characteristics (lesion volume, corticospinal tract lesion load, length of stay, time post-stroke, NIHSS and MoCA scores; additionally for neglect recovery and general functional outcome: Jamar and Nottingham Sensory Assessment scores) would relate to the cTBS effects, i.e. neglect recovery (ΔCBS) and

general functional outcome (ΔFIM ; ΔLIMOS ; $\Delta\text{LIMOS upper limb}$). Follow-up stepwise hierarchical regression analyses were applied where appropriate.

Hierarchical cluster analyses [according to the procedure outlined by Winters *et al.* 2017)], restricting the model to a maximum of two clusters, and using the nearest Euclidean distances method, were computed for two purposes. First, we investigated which patients would fit the predictions of the proportional recovery rule (i.e. predicted recovery of $\approx 70\%$ of the initial impairment within 3 months after stroke); henceforth referred to as rule-fitters and rule-non-fitters. The proportional recovery rule is usually assessed at 3 months after stroke; we identified the number of patients belonging to the cluster of rule-fitters or rule-non-fitters within a time window shorter than 3 months, in order to assess whether cTBS could accelerate recovery concerning neglect severity (CBS) and general functional outcome (FIM, LIMOS, LIMOS upper limb). In order to evaluate whether cTBS would be able to reduce the detrimental effects of neglect on recovery, neglect severity and functional outcome parameters of rule-fitters and rule-non-fitters were then compared to the ones of the control group of right-hemispheric stroke patients without neglect. Second, we assessed which patients would belong to the cluster of cTBS responders or non-responders, on the basis of their $\Delta\text{CBS (T0-T1)}$. This grouping was then used to identify the determinants of the variability of the cTBS effects in terms of lesion localization, i.e. contrasting the lesions of cTBS responders versus non-responders by means of a VLSM approach (see above).

Finally, we applied the Maugeri predictive model (Scrutinio *et al.*, 2017) to the data of our patients; this model calculates the probability of achieving a motor FIM score at discharge of >61 points (i.e. indicating good outcome), based on demographics (age, gender) and clinical parameters (time post-stroke, presence of neglect, motor and cognitive FIM scores at rehabilitation admission). In this context, we aimed to assess whether neglect patients treated with cTBS would recover beyond the probabilistic predictions of this model.

Data availability

Individual patient data collected in this study will not be distributed openly to conform to the data privacy statement signed by our patients. However, specific aspects of the anonymized raw data will be shared upon request.

Results

Clinical and demographic baseline values in neglect patients

There were no significant baseline differences between the three cTBS groups (sham, 8cTBS, 16cTBS), neither in demographic, nor in clinical characteristics. Mean baseline data and analysis results are presented in Table 1, and lesion overlap maps in Fig. 1.

Table 1 Demographic and clinical characteristics of neglect patients, at rehabilitation admission (baseline)

	Sham (n = 10)	8cTBS (n = 10)	16cTBS (n = 10)	P-value
Age	70.60 ± 11.44	67.80 ± 10.13	74.30 ± 10.23	0.402
Sex, male/female	7/3	5/5	6 /4	0.684
MoCA score	13.80 ± 4.42	18.33 ± 3.61	16.89 ± 3.55	0.050
Years of education	12.45 ± 2.99	9.70 ± 2.95	12.35 ± 5.60	0.243
Handedness, right/left/ambidextrous	9/1/0	9/1/0	9/0/1	0.254
Time after stroke onset, days	25.8 ± 11.26	26.8 ± 20.89	22.90 ± 10.34	0.833
Length of rehabilitation stay, days	53.90 ± 11.86	46.60 ± 13.57	59.80 ± 17.80	0.149
Lesion volume, cm ³	105.30 ± 112.24	79.101 ± 62.39	99.92 ± 83.55	0.785
CST lesion load, %	11.89 ± 10.14	9.59 ± 13.69	11.92 ± 13.53	0.894
Jamar score, kg	19.0 ± 13.53	20.2 ± 6.98	16.2 ± 12.38	0.827
NSA score	8.5 ± 7.14	11.75 ± 6.18	13.0 ± 6.78	0.612
NIHSS score	13.30 ± 7.28	10.44 ± 5.13	11.90 ± 6.32	0.693
CBS score	17.50 ± 4.99	16.10 ± 6.79	18.3 ± 7.39	0.744
Fluff Test score	11	9.7	9.4	0.372
Two-Part-Picture-Test asymmetry score (near space)	0.28	0.14	0.39	0.080
Two-Part-Picture-Test asymmetry score (far space)	0.35	0.15	0.33	0.120
Bird Cancellation Test (CoC)	0.33	0.56	0.35	0.255
LIMOS total score	84.51 ± 24.09	92.15 ± 23.63	94.33 ± 23.58	0.629
LIMOS upper limb score	10.22 ± 3.76	10.80 ± 3.25	11.37 ± 4.28	0.796
FIM score	41.30 ± 16.80	47.20 ± 19.11	48.70 ± 19.11	0.634
Left visual field extension, degrees	67.00 ± 36.30	56.50 ± 38.81	57.50 ± 35.77	0.784

All values are stated as mean ± standard deviation (SD). P-values refer to the results of the separate, univariate ANOVAs, comparing the values between the three groups. CoC = Center of Cancellation; CST = corticospinal tract; NSA = Nottingham Sensory Assessment; left visual field extension measured on the horizontal meridian by means of Goldmann perimetry (isopter III/4).

Continuous theta burst stimulation significantly improves neglect recovery on a group level

We found a significant effect of the factor group on the improvement from admission to discharge, both in terms of CBS score [Δ CBS, T0 – T1; $F(2,27) = 3.46$, $P = 0.04$, $\eta_p^2 = 0.20$] and of composite score [Δ Composite score, T0 – T1; $F(2,27) = 7.80$, $P = 0.002$, $\eta_p^2 = 0.37$]. *Post hoc* testing showed that, compared to sham stimulation, Δ CBS was significantly higher both after 8cTBS ($P = 0.04$) and 16cTBS ($P = 0.02$; Fig. 2A). Similarly, Δ Composite score was significantly higher after 8cTBS ($P = 0.001$) and after 16cTBS ($P = 0.02$; Fig. 2B) as compared to sham stimulation. Hence, both cTBS protocols significantly improved neglect recovery from admission to discharge, both in the ADL and in neuropsychological testing.

At follow-up testing 3 months after discharge (T2), three patients dropped out concerning the CBS assessment, and four patients concerning the composite score assessment (see Consort diagram in Supplementary material). In the remaining patients, the effect of the factor group was not significant, i.e. neglect severity remained stable between discharge and follow-up in all three groups [Δ CBS, T1 – T2; $F(2,24) = 0.65$, $P = 0.94$, $\eta_p^2 = 0.005$; Δ Composite score,

T1 – T2; $F(2,23) = 0.758$, $P = 0.48$, $\eta_p^2 = 0.062$; Supplementary Fig. 1].

Continuous theta burst stimulation significantly improves general functional outcome on a group level

We found a significant effect of the factor group on FIM [Δ FIM, T0 – T1; $F(2,27) = 3.48$, $P = 0.045$, $\eta_p^2 = 0.21$], LIMOS [Δ LIMOS, T0 – T1; $F(2,27) = 6.76$, $P = 0.004$, $\eta_p^2 = 0.33$], and LIMOS upper limb [Δ LIMOS upper limb; T0 – T1; $F(2,27) = 3.65$, $P = 0.04$, $\eta_p^2 = 0.21$] improvement from admission to discharge (Fig. 2C–E). *Post hoc* tests revealed that, compared to sham stimulation, Δ FIM was significantly higher both after 8cTBS ($P = 0.04$) and 16cTBS ($P = 0.02$). Similarly, compared to sham stimulation, Δ LIMOS was significantly higher after 8cTBS ($P = 0.003$) and 16cTBS ($P = 0.005$). This shows that both cTBS protocols significantly improved general functional outcome. Regarding Δ LIMOS upper limb, a significantly higher improvement was found for 8cTBS ($P = 0.02$) compared to sham stimulation, whereas only a trend was found for 16cTBS ($P = 0.058$). CTBS and sham protocols were well tolerated by all patients, without any side effects. The patients did not report any particular sensation during or after the cTBS or sham application.

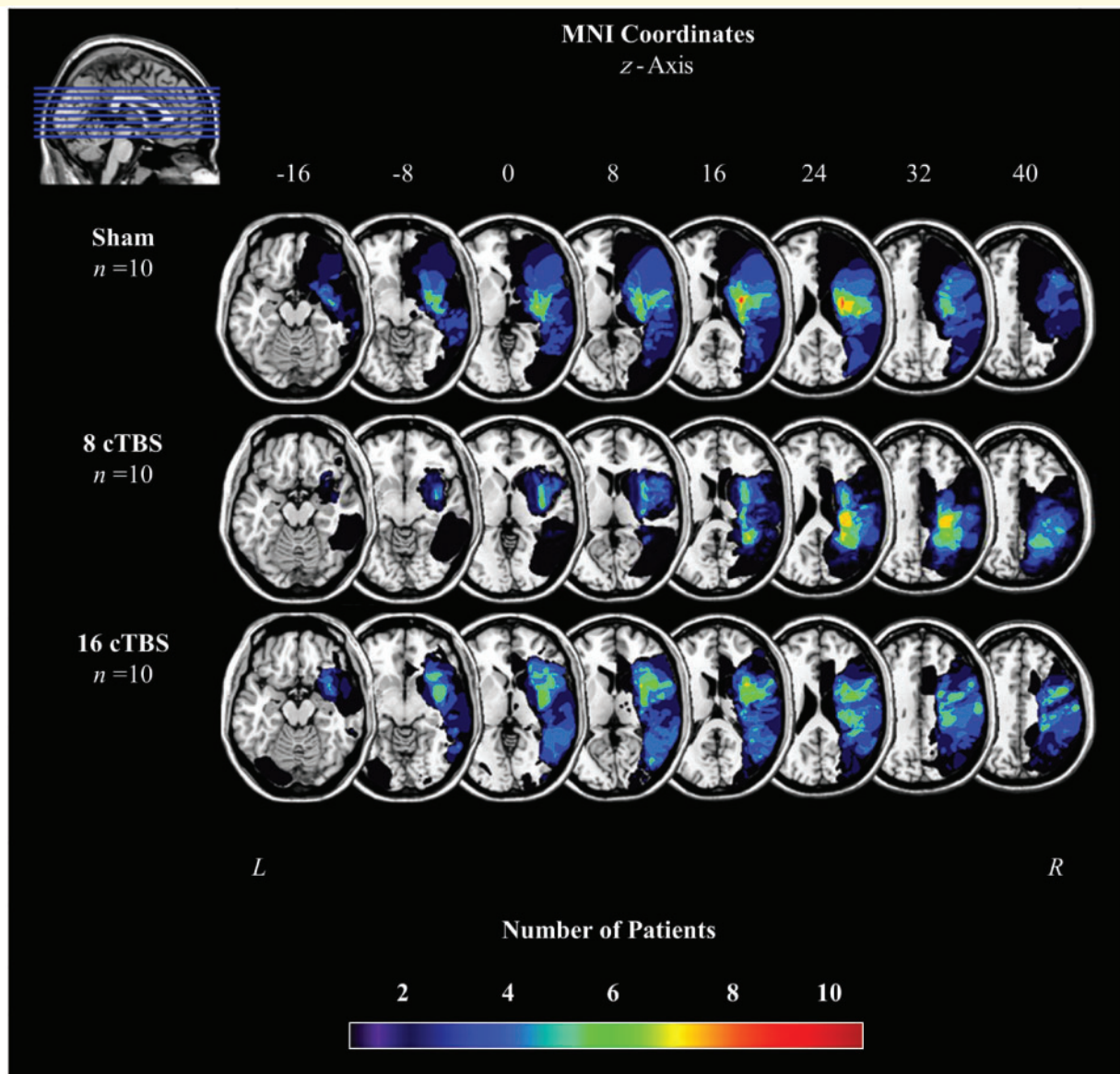


Figure 1 Lesion overlap maps of the 30 patients in the three stimulation conditions. Lesion overlap maps of the 30 patients in the three stimulation conditions (sham stimulation, 8cTBS, 16cTBS). The colour-coded legend indicates the number of patients with damage to a specific brain region. The lesion overlap maps are plotted on the CH2 template, as available in MRICron ([http://www.mccauslandcenter.sc.edu/crn/cris-rordens-neuropsychology-lab](http://www.mccauslandcenter.sc.edu/crn/crn/cris-rordens-neuropsychology-lab)). Axial slices are oriented according to the neurological convention. The z-position of each axial slice, in MNI coordinates, is indicated by the numbers at the top, and also depicted by the blue lines on the sagittal slice (top left).

Clinical and demographic factors predicting general functional outcome in patients with neglect

We aimed at identifying the demographic and clinical factors correlating with the amelioration in general functional outcome, as assessed by FIM, LIMOS, and LIMOS upper limb. We found that the better the neglect recovery (Δ CBS), the better the general functional outcome, as reflected both in FIM (Δ FIM; $r = 0.43$; $P = 0.02$) and LIMOS (Δ LIMOS; $r = 0.45$; $P = 0.01$;

Table 2) scores. Furthermore, the better the neglect recovery (Δ CBS), the better patients used their affected limb in their daily activities (Δ LIMOS upper limb; $r = 0.43$; $P = 0.02$). In addition, we found that the younger the patients, the better the general functional outcome (Δ FIM; $r = -0.41$; $P = 0.03$). Also, the higher the cognitive resources at admission (as reflected by MoCA scores), the better the general functional outcome (Δ LIMOS; $r = 0.42$; $P = 0.03$). No significant correlations were found for the other clinical or demographic factors (Table 2).

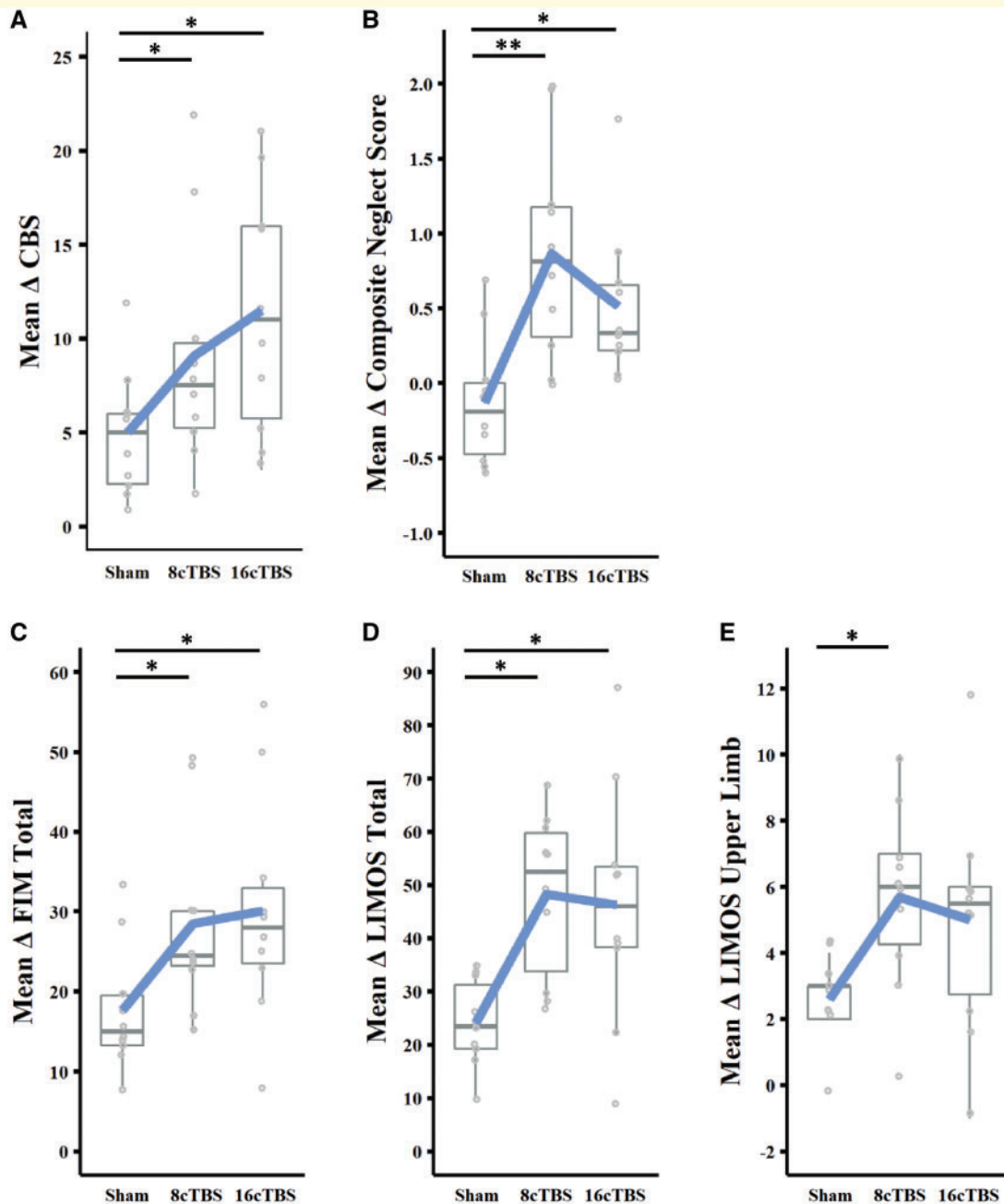


Figure 2 Improvement between admission and discharge from neurorehabilitation. (A) CBS improvement between admission to and discharge from neurorehabilitation (T0 – T1). (B) Improvement in the neglect composite score between admission to and discharge from neurorehabilitation (T0 – T1). (C–E) Improvement of the functional outcome (FIM total, LIMOS total and, with particular reference to arm involvement, LIMOS upper limb) between admission to and discharge from neurorehabilitation. Results are shown as whisker plots; each box representing the upper to the lower quartiles with whiskers extending to the minimum and maximum of 1.5 times the interquartile range (IQR), mean values per group are indicated by the blue line and individual data by grey points. Asterisks represent significant *post hoc* tests between the three stimulation conditions (sham, 8cTBS, 16cTBS; ***P* < 0.01, **P* < 0.05).

Therefore, we included these factors in the subsequent stepwise hierarchical regression analyses. NIHSS and corticospinal tract lesion load were also included, since both are well-known outcome predictors (Kwakkel *et al.*, 2010; Radlinska *et al.*, 2010; Kwakkel and Kollen, 2013; Harvey, 2015). Several significant models

predicting Δ FIM, Δ LIMOS, and Δ LIMOS upper limb were identified (Table 3). In all models, neglect recovery (Δ CBS) was always the strongest predictor of general functional outcome, even when taking into account age, MoCA, NIHSS, and corticospinal tract lesion load as additional factors.

Table 2 Clinical and demographic factors correlating with general functional outcome in neglect patients

	Mean	SD	Δ FIM r (P-value)	Δ LIMOS total r (P-value)	Δ LIMOS upper limb r (P-value)
Δ CBS	8.53	6.04	0.43 (0.02*)	0.45 (0.01*)	0.43 (0.02*)
Age, years	70.87	10.62	-0.41 (0.03*)	-0.19 (0.32)	-0.17 (0.37)
Years of education	11.50	4.10	-0.27 (0.14)	-0.05 (0.81)	-0.24 (0.20)
Lesion volume, cm ³	94.77	86.12	-0.02 (0.93)	-0.10 (0.60)	-0.15 (0.43)
CST lesion load, %	11.13	12.17	-0.09 (0.66)	-0.13 (0.49)	-0.20 (0.28)
Length of stay, days	53.43	15.14	0.08 (0.68)	-0.04 (0.84)	-0.17 (0.36)
Time post-stroke, days	15.47	13.06	0.23 (0.22)	-0.02 (0.93)	-0.01 (0.96)
NIHSS	11.79	6.16	0.07 (0.73)	-0.08 (0.96)	-0.01 (0.95)
MoCA	16.25	4.23	0.01 (0.98)	0.42 (0.03*)	0.23 (0.24)

*P < 0.05.

Table 3 Results of the stepwise hierarchical regression analyses, with Δ FIM, Δ LIMOS, Δ LIMOS upper limb scores as dependent variables

	β	SE	T	P	R ²	F	P
Δ FIM Model I					0.29	3.31	0.04
Δ CBS	0.45	0.34	2.58	0.02			
Age	-0.22	0.21	-1.21	0.24			
NIHSS	0.02	0.34	-0.09	0.93			
Δ FIM Model II					0.29	3.22	0.04
Δ CBS	0.45	0.35	2.51	0.02			
Age	-0.25	0.20	-1.46	0.16			
MoCA	-0.11	0.50	-0.62	0.54			
Δ LIMOS Model I					0.31	3.44	0.03
Δ CBS	0.37	0.57	2.1	0.047			
MoCA	0.32	0.92	1.79	0.087			
NIHSS	-0.11	0.59	-0.65	0.53			
Δ LIMOS Model II					0.31	3.62	0.03
Δ CBS	0.37	0.57	2.10	0.047			
MoCA	0.33	0.81	1.92	0.07			
Age	-0.05	0.33	-0.29	0.77			
Δ LIMOS upper limb Model I					0.24	4.19	0.03
Δ CBS	0.44	0.08	2.63	0.01			
CST lesion load	-0.23	0.04	-1.35	0.19			

SE = Standard error.

Continuous theta burst stimulation accelerates recovery

We compared the predictions of the proportional recovery rule (Marchi *et al.*, 2017; Ramsey *et al.*, 2017; Winters *et al.*, 2017) with our data concerning neglect severity (CBS scores) by applying hierarchical clustering. The proportion of rule-fitters, i.e. patients that already fitted the predictions of the proportional recovery rule before 3 months, was considerably higher after cTBS (60% in the 8cTBS group; 80% in the 16cTBS group) than after sham stimulation (30%; Fig. 3A–C). This shows that cTBS accelerated recovery of neglect.

We also compared the predictions of the proportional recovery rule with our data concerning general functional

outcome. For FIM scores, the proportion of rule-fitters was higher after cTBS (70% in the 8cTBS group; 80% in the 16cTBS group) than after sham stimulation (40%; Fig. 3D–F). Crucially, after cTBS the proportion of rule-fitters was close to the one of patients with right-hemispheric damage but no neglect (93%; Supplementary Fig. 2). This shows that cTBS accelerated recovery of general functional outcome and, by bringing the recovery rate of neglect patients close to the one of patients without neglect, seemed to eliminate the detrimental effects of neglect.

The same analyses conducted on the LIMOS and the LIMOS upper limb scores showed that cTBS accelerated recovery also in these measures (Supplementary Fig. 3).

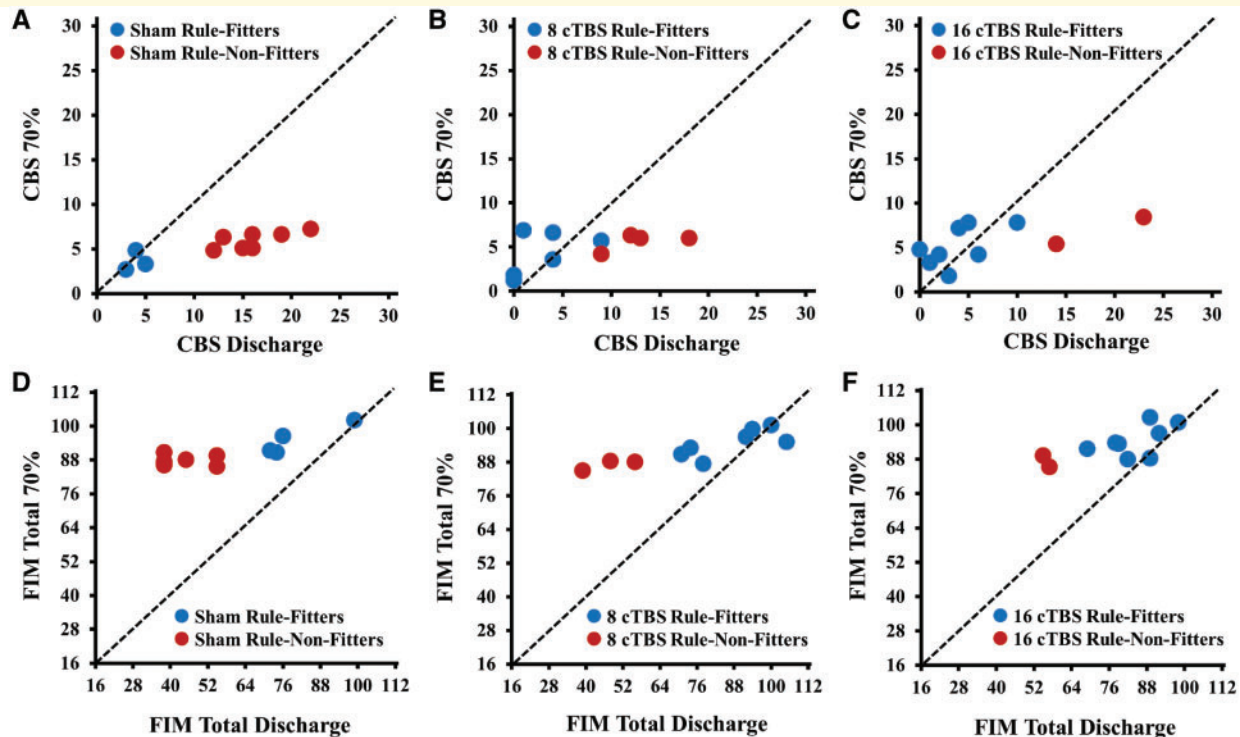


Figure 3 Expected versus measured scores for CBS and FIM according to the proportional recovery rule. Expected CBS scores according to the proportional recovery rule (i.e. recovery of $\approx 70\%$ of the initial impairment, irrespective of therapy; y-axis), and measured CBS scores at discharge, i.e. before 3 months (x-axis), separately presented for the three stimulation groups. Hierarchical clustering revealed that only 30% of patients receiving sham stimulation fitted the predictions of the proportional recovery rule at discharge (A). In contrast, 60% of neglect patients undergoing 8cTBS trains (B), and 80% of neglect patients undergoing 16cTBS trains (C) already fitted the predictions of the proportional recovery rule at discharge. Expected FIM scores according to the proportional recovery rule (i.e. recovery of $\approx 70\%$ of the initial impairment, irrespective of therapy; y-axis), and measured FIM scores at discharge (x-axis), separately presented for the three stimulation groups. Hierarchical clustering revealed that only 40% of neglect patients receiving sham stimulation fitted the predictions of the proportional recovery rule (D). In contrast, 70% of the neglect patients already fitted these predictions in the 8cTBS group (E), and 80% of the neglect patients in the 16cTBS condition (F). The dotted lines represent perfect predictions of the proportional recovery rule (i.e. score predicted by the rule perfectly corresponding to the score measured at discharge at 3 months).

A quarter of neglect patients receiving stimulation improved more than predicted by the Maugeri predictive model

Based on clinical data at admission, the Maugeri predictive model calculates the probability of achieving a motor-FIM score of >61 points at discharge, which defines a good motor outcome. We compared the observed motor-FIM scores of our patients at discharge with the predicted values, as computed by means of the Maugeri predictive model (Scrutinio *et al.*, 2017) (Supplementary Table 1). In our control group of right-hemispheric stroke patients without neglect, 97% of patients (29 of 30) followed the predictions of the model; only one patient had a worse motor outcome at discharge than predicted.

In the group of neglect patients undergoing cTBS, 25% of the patients (5 of 20; the groups undergoing eight and 16cTBS trains considered together) reached a better motor

outcome at discharge than predicted by the model, whereas 75% followed the predictions of the model. In the sham stimulation group, 90% of the patients (9 of 10) followed the predictions of the model, whereas only one patient had a slightly better motor outcome at discharge than predicted. Hence, a higher percentage of neglect patients treated with cTBS ameliorated beyond the predictions of the Maugeri predictive model.

Factors determining the variability of continuous theta burst stimulation effects

We aimed to identify demographic and clinical factors that would influence the cTBS effects in neglect patients. We found no significant correlations between Δ CBS (T0–T1) and age ($r = -0.15$; $P = 0.42$), sex ($r = -0.06$; $P = 0.74$), years of education ($r = -0.2$; $P = 0.93$), lesion volume ($r = 0.03$; $P = 0.87$), corticospinal tract lesion load

($r = 0.05$; $P = 0.79$), length of stay ($r = 0.31$; $P = 0.10$), time post-stroke ($r = -0.10$; $P = 0.60$), NIHSS scores ($r = 0.04$; $P = 0.84$), or MoCA scores ($r = 0.22$; $P = 0.26$).

Next, based on the Δ CBS values ($T0 - T1$), we performed a hierarchical cluster analysis in all neglect patients who received cTBS (i.e. 8cTBS and 16cTBS considered together), in order to discriminate cTBS responders from cTBS non-responders. The analysis identified 14 patients as cTBS responders, and six patients as cTBS non-responders (Fig. 4A).

A further analysis showed that the initial severity of neglect (i.e. CBS scores at admission) significantly correlated with Δ CBS in the group of cTBS responders ($r = 0.91$; $P < 0.0001$; Fig. 4B), but not in the group of cTBS non-responders ($r = 0.10$; $P = 0.85$; Fig. 4C).

In addition, we directly compared the scores of the subgroups (responders, non-responders, sham). Concerning neglect recovery [Δ CBS, $T0 - T1$; main effect of group: $F(2,27) = 7.381$, $P = 0.004$, $\eta_p^2 = 0.376$], cTBS responders scored significantly better than the sham group ($P = 0.001$) and the non-responders ($P = 0.007$; Fig. 4D). Concerning general functional outcome, cTBS responders scored better in the FIM [Δ FIM, $T0 - T1$; main effect of group: $F(2,27) = 3.877$, $P = 0.033$, $\eta_p^2 = 0.223$] than the sham group ($P = 0.01$, Fig. 4E), and better in the LIMOS [Δ LIMOS, $T0 - T1$; main effect of group: $F(2,27) = 10.084$, $P = 0.001$, $\eta_p^2 = 0.428$] than the sham group ($P < 0.001$) and the non-responders ($P = 0.043$; Supplementary Fig. 4A), as well as better in the LIMOS upper limb [Δ LIMOS upper limb, $T0 - T1$; main effect of group: $F(2,27) = 8.482$, $P = 0.001$, $\eta_p^2 = 0.386$] than the sham group ($P = 0.001$) and the non-responders ($P = 0.008$; Supplementary Fig. 4B).

Finally, regarding the proportional recovery rule for neglect and general functional outcome (Fig. 4F), a higher proportion of rule-fitters was observed in the cTBS responder subgroup (CBS: 100%; FIM: 86%) than in the sham group (CBS: 30%; FIM: 40%) and in the cTBS non-responder subgroup (CBS: 0%; FIM: 50%). Moreover, for the general functional outcome (FIM), the proportion of rule-fitters in the cTBS responder subgroup (86%) became similar to the one of the control group of right-hemispheric stroke patients without neglect (93%).

To ascertain whether the location of the lesions of these two subgroups of neglect patients (i.e. cTBS non-responders and responders) would critically differ, we applied a VLSM approach. This analysis revealed a cluster of voxels that were significantly more often lesioned in cTBS non-responders than in cTBS responders (volume: 60 voxels). The probabilistic analysis confirmed that the cluster was located in the right, posterior part of the corpus callosum (probability: 100%; MNI coordinates of the centre of mass of the cluster: 31, -39, 21) (Fig. 5 and Supplementary Fig. 5).

Interestingly, the cluster identified by our VLSM analysis lies in close proximity to a region of the posterior corpus callosum that has been deemed as critical for neglect

severity, and which connects both posterior parietal cortices, as assessed by diffusion imaging and tract-based spatial statistics (Bozzali *et al.*, 2012) (Supplementary Fig. 4). In addition, our cluster also lies close to a region of transcallosal projections of the posterior parietal cortices, whose anisotropy was significantly associated with interhemispheric inhibition processes induced by TMS applied over these cortical areas in healthy subjects (Koch *et al.*, 2011) (Supplementary Fig. 5).

Discussion

Previous studies have shown that inhibitory non-invasive brain stimulation of the left, intact hemisphere can trigger a significant amelioration of spatial neglect in patients with a right-hemispheric lesion (Brighina *et al.*, 2003; Nyffeler *et al.*, 2009; Sparing *et al.*, 2009; Cazzoli *et al.*, 2012; Koch *et al.*, 2012; Salazar *et al.*, 2018). However, the effects of this stimulation present with a considerable inter-individual variability (Lefaucheur *et al.*, 2014), which is scarcely understood. According to recent findings (Umarova *et al.*, 2016), the role of the contralesional hemisphere in neglect could be compensatory, rendering its inhibitory stimulation even detrimental. Moreover, recent accounts postulate that the recovery of stroke in general, and of neglect in particular, would follow fixed patterns, which are not susceptible of being influenced by therapeutic approaches (Marchi *et al.*, 2017; Ramsey *et al.*, 2017; Stinear *et al.*, 2017; Winters *et al.*, 2017). The aim of the present randomized, double-blind, sham controlled study was thus to address these open, controversial issues. More specifically, we aimed to clarify which neglect patients, and through which determinants and mechanisms, would benefit from inhibitory, non-invasive brain stimulation of the left, intact hemisphere. For this purpose, we applied inhibitory cTBS, and comprehensively assessed the characteristics and the determinants of its effects on spatial neglect, i.e. a possible dose-response relationship, the magnitude and length of the effects and, most importantly, inter-individual differences in responsiveness. Finally, we aimed to assess how spatial neglect, and its possible amelioration through cTBS, would influence general functional outcome, as measured with the FIM and the LIMOS, and affect recovery dynamics as predicted by the Proportional recovery rule and the Maugeri predictive model.

On a group level, both cTBS protocols (i.e. eight and 16 cTBS trains) triggered a significant and a long-lasting improvement of neglect and of general functional outcome. However, at the individual level, an important variability of these effects was observed. We will first comment on the effects at the group level, and then discuss the identified factors that contribute to their inter-individual variability.

The rationale for applying inhibitory non-invasive brain stimulation over the left intact PPC is provided by the presence of a pathological hyper-excitability within this area

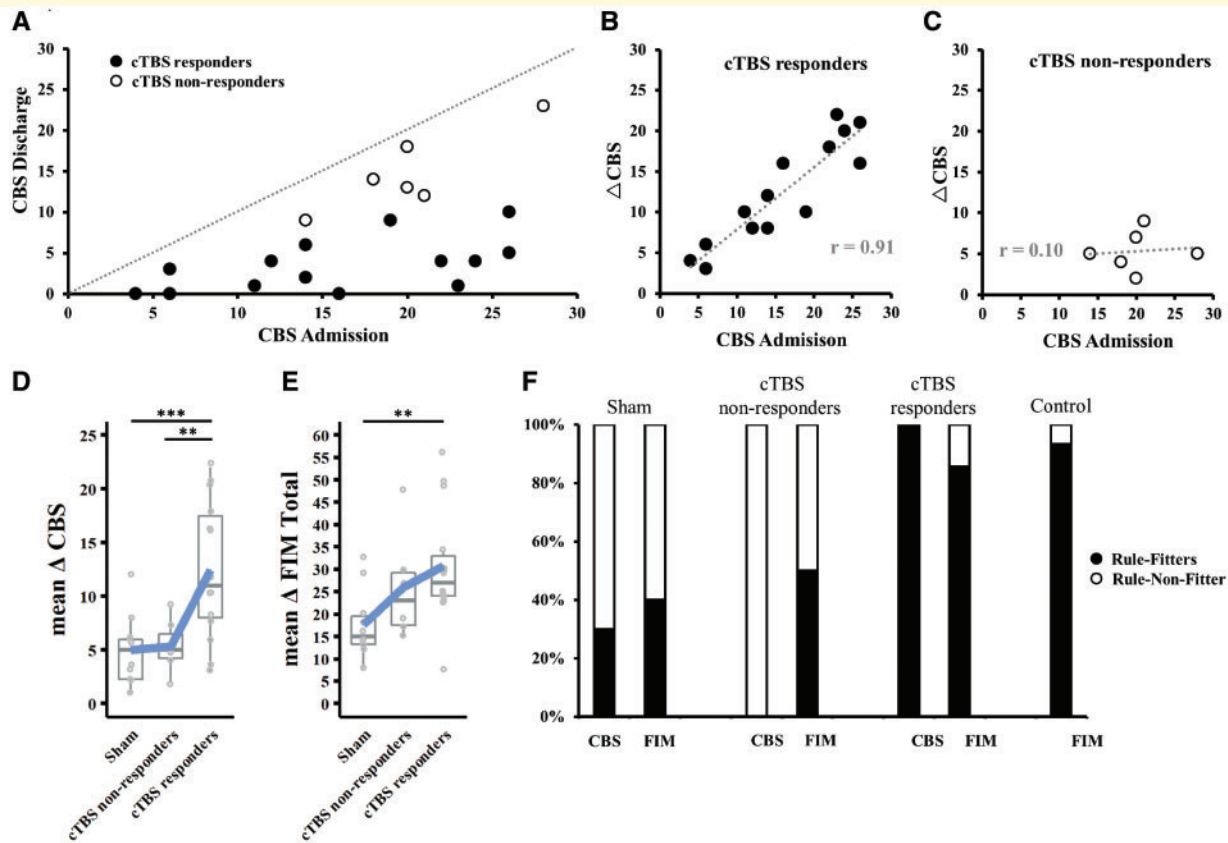


Figure 4 Comparing cTBS responders and cTBS non-responders. (A) CBS scores at admission, plotted against CBS scores at discharge, for all neglect patients who received cTBS (i.e. 8cTBS and 16cTBS considered together); the dotted line represents the absence of change. Based on a hierarchical cluster analysis, patients were divided into cTBS responders and cTBS non-responders. (B) In the group of cTBS responders, the severity of neglect at admission significantly correlated with the cTBS effects (in terms of Δ CBS); (C) this was not the case in the group of cTBS non-responders. In cTBS responders, neglect recovery (D) and general functional outcome (E) were significantly improved. (F) A higher proportion of fitters (as defined with respect to the proportional recovery rule) was observed in the cTBS responder subgroup than in the sham group and in the cTBS non-responder subgroup, both concerning neglect severity (CBS) and general functional outcome (FIM). Results in A–C are presented as scatter plots; individual values of responders and non-responders are indicated in black, and white, respectively. The grey line represents the correlation of the variables plotted on the x- and y-axes. Results of D and E are presented as whisker plots; each box representing the upper to the lower quartiles with whiskers extending to the minimum and maximum of 1.5 times the IQR, mean values per group are indicated by the blue line and individual data by grey points. Asterisks represent significant *post hoc* tests: *** $P \leq 0.001$; ** $P < 0.01$).

(Corbetta *et al.*, 2005; Koch *et al.*, 2008; Paladini *et al.*, 2017), which is due to maladaptive interhemispheric inhibition mechanisms (in animals: Sprague, 1966; Payne and Rushmore, 2004; Rushmore *et al.*, 2006; Valero-Cabre *et al.*, 2006; Palmer *et al.*, 2012; in humans: Vuilleumier *et al.*, 1996; Corbetta *et al.*, 2005; He *et al.*, 2007; Koch *et al.*, 2008). A reduction of this hyper-excitability using cTBS, with a subsequent improvement of neglect, has been shown to last up to 3 to 4 weeks (Cazzoli *et al.*, 2012; Koch *et al.*, 2012). Building on findings in animal models concerning long term potentiation/depression-like phenomena associated with late-phase synaptic plasticity mechanisms (Woo and Nguyen, 2003; Zhou *et al.*, 2003), several studies in humans have shown that the number of applied trains is an influential factor in determining the duration of the cTBS effects (Nyffeler *et al.*, 2006, 2009; Goldsworthy *et al.*, 2012). In particular, the repeated spaced cTBS

application seems able to ‘stabilize and lock’ the excitability within the stimulated area (Cazzoli *et al.*, 2015; Goldsworthy *et al.*, 2015). In the present study, both eight and 16 cTBS trains similarly improved neglect for a period of up to 6 weeks, both at the level of the ADL and of neuropsychological testing. There is therefore no clear evidence for an advantage, in terms of amplitude or duration of the effects, in administering more than eight cTBS trains, at least when these are combined with smooth pursuit training. This suggests that, after eight cTBS trains, the over-excitability of the left, intact PPC may have already been reduced at a sufficiently low level, and may be resistant to reversal by physiological activity, due to consolidated synaptic plasticity (Goldsworthy *et al.*, 2015). In the follow-up measurement at 3 months after discharge, the observed neglect recovery remained stable. This is also in keeping with the results of previous studies,

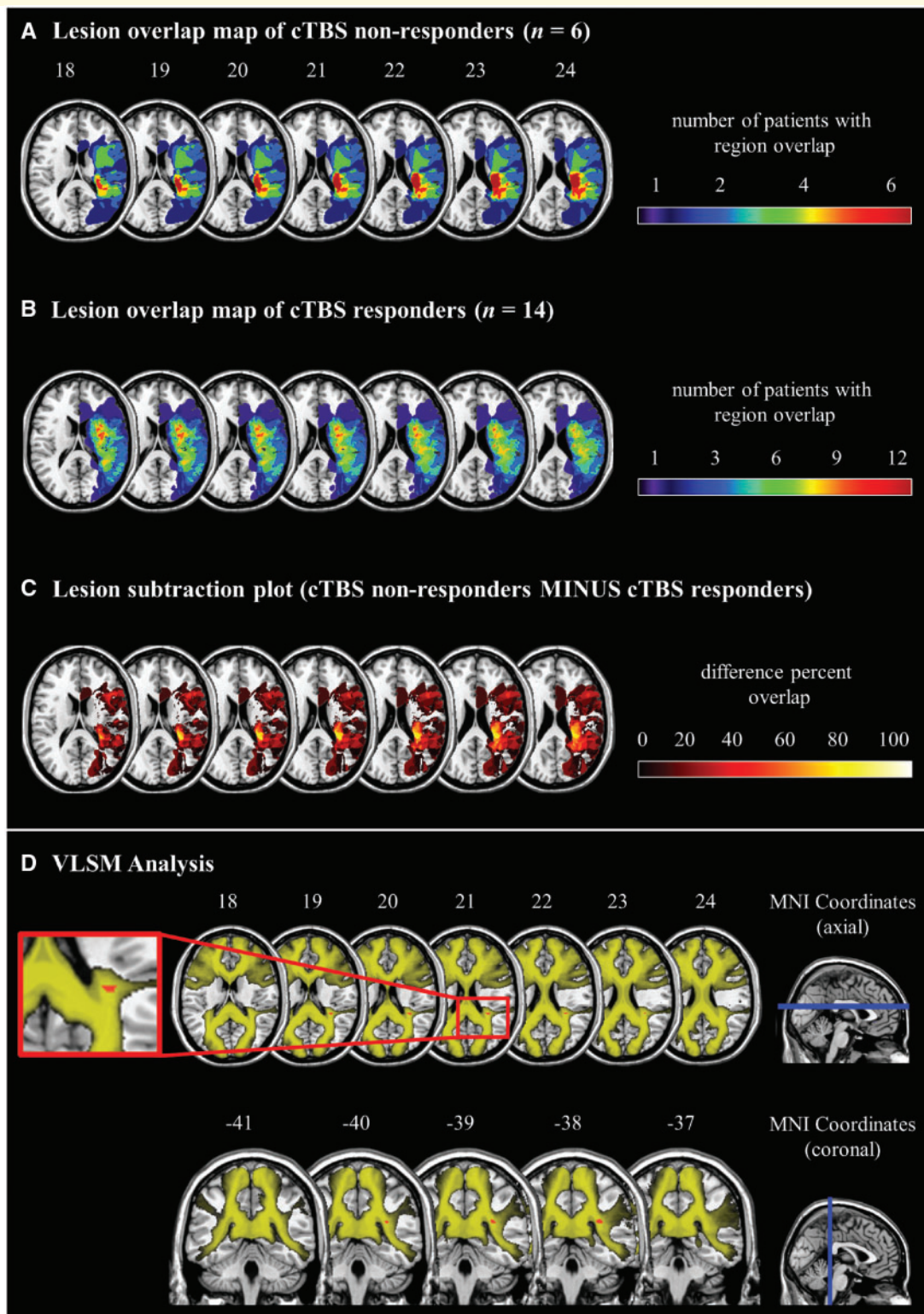


Figure 5 Lesion overlap maps and results of the VLSM analysis comparing cTBS responders and non-responders. Lesion overlap maps in the subgroup of cTBS non-responders (A) and of cTBS responders (B). The colour-coded legend indicates the number of patients with damage to a specific brain region. (C) Lesion subtraction plot (i.e. cTBS non-responders minus cTBS responders). The colour-coded legend indicates the difference per cent overlap. The lesion overlap maps and the subtraction plot are represented on the CH2 template, as available in MRICron (<http://www.mccauslandcenter.sc.edu/crnl/chris-rordens-neuropsychology-lab>). Axial slices are oriented according to the neurological convention. The z-position of each axial slice, in MNI coordinates, is indicated by the numbers at the top, and also depicted by the blue, horizontal lines on the sagittal slice (bottom right). (D) Results of the VLSM analysis. Voxels that were significantly more often lesioned in cTBS non-responders are depicted in red (significance level $P < 0.05$, based on the Liebermeister test, FDR-corrected, 4000 permutations). The corpus

(continued)

showing that neglect recovery is strongest during the early post-stroke phase (Buxbaum *et al.*, 2004; Ramsey *et al.*, 2016).

Recent studies showed that the recovery of neglect follows the predictions of the proportional recovery rule, i.e. patients recover from $\approx 70\%$ of their initial impairment within 3 months after stroke, irrespectively of therapy dose (Marchi *et al.*, 2017; Ramsey *et al.*, 2017; Winters *et al.*, 2017). In the present study, we showed that, well before a period of 3 months, a considerable proportion of patients who underwent cTBS (i.e. 80% after 16cTBS and 60% after eight cTBS trains) were already rule-fitters, i.e. fitted the predictions of the proportional recovery rule. In contrast, only 30% of patients in the sham group were rule-fitters. This clearly demonstrates that cTBS accelerates the recovery of neglect. To the best of our knowledge, this is the first study to demonstrate that a therapeutic intervention can positively influence the natural stroke recovery dynamics predicted by the proportional recovery rule.

At the individual level, hierarchical cluster analysis allowed us to distinguish between cTBS responders (who showed a significantly better neglect recovery than the one following sham stimulation) and non-responders (who showed a neglect recovery equal to the one following sham stimulation). In cTBS responders, the initial neglect severity significantly correlated with its recovery, whereas this was not the case in non-responders. This finding is in line with the fact that the higher the over-excitability of the left, intact PPC (and the more severe the neglect symptoms), the stronger the neglect amelioration induced by TMS application (Koch *et al.*, 2008). Moreover, all patients classified as rule-fitters according to the proportional recovery rule belonged to the cTBS responder subgroup, strengthening the convergent validity of these categorizations.

Several clinical and demographic parameters (i.e. age, sex, MoCA score, years of education, handedness, time after stroke, length of stay, lesion volume, and initial NIHSS score) were not able to predict whether patients would respond to cTBS or not. However, VLSM and probabilistic white matter fibre tract disconnection analyses revealed that, unlike responders, cTBS non-responders presented with a lesion involving the posterior part of the corpus callosum. Interestingly, the location of this lesion cluster lies within the transcallosal inhibitory projections interconnecting the two homologous superior parietal

lobules (Koch *et al.*, 2011). Damage to these transcallosal projections was found to be associated with the severity (Bozzali *et al.*, 2012) and the persistence (Lunven *et al.*, 2015) of neglect. In line with these findings, the structural variability within the corpus callosum in healthy individuals, consistent with differential effects on interhemispheric interactions, was able to predict the individual differences in the effects of PPC cTBS on the spatial allocation of attention (Chechlacz *et al.*, 2015).

Moreover, a breakdown of functional connectivity between the attentional networks of the two hemispheres has been identified as a crucial mechanism leading to neglect, with a loss of interhemispheric correlations between activity patterns, and a relative imbalance in task-evoked activity (He *et al.*, 2007; Carter *et al.*, 2010; Baldassarre *et al.*, 2014). Accordingly, the recovery of neglect was significantly correlated with an improvement in the initially depressed interhemispheric functional connectivity between PPCs (Ramsey *et al.*, 2016). Our results corroborate these findings, showing that cTBS can contribute to neglect recovery when the transcallosal connectivity of the two PPCs (Corbetta and Shulman, 2011) is intact. CTBS has also been shown to enhance functional connectivity between the stimulated area and other, remote but interconnected, cortical areas (Cao *et al.*, 2016). This suggests that, in responding neglect patients, cTBS can not only reduce the over-excitability of the left, intact PPC (Koch *et al.*, 2008), but may also improve the initially depressed interhemispheric functional connectivity between PPCs. This may thus functionally ‘reintegrate’ the left PPC into the attentional networks, i.e. reinstate its functional role in attentional processes.

This view is also consistent with growing evidence that recovery of post-stroke deficits such as neglect depends, at least in part, on the non-damaged hemisphere (Bartolomeo *et al.*, 2007; Lunven *et al.*, 2015; Umarova *et al.*, 2016; for a recent review see Bartolomeo and Thiebaut de Schotten, 2016). In fact, the pathological hyper-excitability of the left, contralesional PPC can be interpreted as a loss of functional connectivity of this area, as illustrated above. In turn, the functional connectivity of this area may ameliorate when its pathological hyperexcitability is reduced by means of inhibitory non-invasive brain stimulation. This may be the primary mechanism of the cTBS-induced neglect recovery, and could also explain why, in our study, an inhibition of the contralesional PPC with cTBS did not

Figure 5 Continued

callosum and its projections are depicted in yellow, according to published probabilistic diffusion tensor imaging tractography atlases (Thiebaut de Schotten *et al.*, 2011; Rojkova *et al.*, 2016); the probability for voxels to belong to the corpus callosum was set at $> 50\%$ (i.e. above chance). The lesion cluster and the corpus callosum are displayed on the CH2 template, as available in MRICron (<http://www.mccauslandcenter.sc.edu/crn/chrisc-rordens-neuropsychology-lab>). The axial and coronal slices are oriented according to the neurological convention. The z-position of each axial and the y-position of each coronal slice, in MNI coordinates, is indicated by the numbers at the top of each slice, and is also depicted by the blue, horizontal lines on the sagittal slice (for axial slices) and by the blue, vertical lines on the sagittal slice (for coronal slices) at the bottom right. The significant lesion cluster (60 voxels) is located in the right, posterior part of the corpus callosum (MNI coordinates of the centre of mass of the cluster: 31, -39, 21).

result in a worsening of neglect symptoms in any patient or outcome measure.

Another factor potentially influencing the functional role of the left, intact PPC in neglect remission may be the specific post-stroke phase. Whereas all patients in the study by Umarova *et al.* (2016) were tested in the acute phase (i.e. <10 days post-stroke), patients in the present study were in the subacute phase (i.e. 24 days post-stroke on average). Nevertheless, our regression analyses showed that the post-stroke time interval was not a predictive factor for the positive cTBS effects.

As mentioned above, cTBS also significantly ameliorated general functional outcome, as measured by standardized measures, such as the FIM (Keith *et al.*, 1987) and the recently developed LIMOS (Ottiger *et al.*, 2015; Vanbellingen *et al.*, 2016). To account for the contribution of demographic and clinical factors to general functional outcome, we first identified several of these factors in separate multiple regression analyses. Neglect recovery, age, and MoCA were identified as significant predictors of general functional outcome, in keeping with the findings of previous studies (Bagg *et al.*, 2002; Nijboer *et al.*, 2013, 2014; Vanbellingen *et al.*, 2017). In the subsequent analyses, we therefore included these factors, along with NIHSS (Harvey, 2015; Kwakkel *et al.*, 2010; Kwakkel and Kollen, 2013) and corticospinal tract lesion load (Radlinska *et al.*, 2010). Neglect recovery was the strongest predictor of general functional outcome, even taking into account age, MoCA, NIHSS, and corticospinal tract lesion load as additional factors. In fact, the amplitude of the cTBS-induced neglect improvement was significantly associated with better ADL performance. Moreover, hierarchical cluster analyses showed that the improvement of general functional outcome was significantly larger in cTBS responders than in non-responders. Analyses applying the proportional recovery rule (Stinear *et al.*, 2017) also showed that cTBS, by ameliorating neglect, accelerated general functional outcome, as measured with the FIM and LIMOS. More importantly, a comparison of the cTBS responder subgroup with our control sample further showed that the application of cTBS brought the level of functional recovery of patients with neglect close to the one of patients with right-hemispheric damage but no neglect. This suggests that cTBS can substantially reduce the detrimental effects of neglect on stroke recovery. These findings are further supported by analyses based on the Maugeri predictive model, in which neglect is integrated as a crucial predictor of outcome after stroke (Scrutinio *et al.*, 2017). We applied this model to the data of each individual patient of our sample, which matched well, in terms of time post-stroke and length of stay, the large retrospective sample of the study by Scrutinio *et al.* (2017). Our results showed that 25% of the neglect patients who underwent cTBS had a better outcome than the one predicted by the model. For the other patients, the outcome accurately followed the predictions of the model, therefore confirming a high external validity of the latter.

Similar to the general ADL improvement, we also found a significant association between LIMOS upper limb scores, which describe upper limb use in the ADL, and neglect outcome. Besides corticospinal tract lesion load, which is a well-known outcome predictor (Stinear *et al.*, 2012), our analyses showed that neglect recovery was also a strong predictor of upper limb use. These results confirm the recent findings showing that neglect is an important, independent factor affecting upper limb use in the ADL (Vanbellingen *et al.*, 2017). In addition, the amount of recovery of upper limb function in everyday life (as measured with the LIMOS upper limb) was increased after cTBS, in particular in the cTBS responder subgroup, and the dynamics of its recovery were positively influenced.

It should be noted that all our neglect patients, additionally to best-practice inpatient rehabilitative therapies, also received smooth pursuit training. Smooth pursuit eye movement training is known to facilitate multimodal attentional shifts towards the neglected side of space, and to improve neglect on the ADL level (Kerkhoff *et al.*, 2014). Previous studies have shown that combined neglect therapies have superior effects than single ones (Schindler *et al.*, 2002; Schroder *et al.*, 2008). In the present study, we chose to administer both cTBS and smooth pursuit eye movement training because this combination has recently been shown to significantly enhance treatment effects (Hopfner *et al.*, 2015).

The limitations of our study include the fact that we did not test our patients in strictly defined time intervals, as it has been done in prospective prognostic neglect studies (Marchi *et al.*, 2017; Winters *et al.*, 2017). Nevertheless, all patients in our study followed a similar hospitalization course, and the results presented were obtained in a completely data-driven fashion. Furthermore, the not-strictly-defined assessment time intervals allowed us to analyse whether post-stroke time or length of stay would represent predictive factors for the cTBS effects. Another limitation of our study is that lesion analysis was based only on high resolution, 3D MRI scans. In future studies, additional diffusion imaging, with tract-based spatial statistics, possibly using neuronavigation and focal stimulation to target narrower cortical areas, would be a promising approach to explore the role of intra- and interhemispheric connections in further detail. Finally, the sample of our study was relatively small. Larger multicentre studies are needed to better characterize the therapeutic effects of cTBS after stroke and to more comprehensively stratify patients.

Nevertheless, the present study sheds more light on the mechanisms and determinants of non-invasive brain stimulation. It demonstrates for the first time that in subacute right hemispheric stroke patients who present an intact corpus callosum, general functional outcome can be substantially improved and accelerated when neglect recovery is ameliorated by the inhibition of the left, intact PPC by means of cTBS. This suggests that cTBS improves inter-hemispheric parieto-parietal connectivity, thereby

rebalancing activity patterns across the nodes of the attentional networks of the two hemispheres.

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Competing interests

The authors report no competing interests.

Supplementary material

Supplementary material is available at *Brain* online.

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