

Diagnosi differenziale della Malattia di Pompe

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QUALI SONO I SINTOMI DELLA MALATTIA DI POMPE?

SINTOMI NELLA MANIFESTAZIONE TARDIVA DELLA M

POLMONI

- Respirazione difficoltosa
- Insufficienza respiratoria
- Infezioni polmonari
- Apnea notturna
- Sonnolenza
- Mal di testa mattutino

DISTURBI GASTROINTESTINALI

- Difficoltà a masticare e deglutire
- Scarso aumento di peso
- Stitichezza cronica
- Perdita di controllo di vescica o intestino

SCHELETRO E MUSCOLI

- Debolezza muscolare soprattutto agli arti inferiori
- Mal di schiena
- Difficoltà a camminare
- Difficoltà a salire le scale
- Difficoltà nell'attività fisica
- Andatura irregolare
- Irrigidimento delle articolazioni
- Ridotta motilità della colonna
- Scoliosi
- Ritardo nei movimenti
- Scapola alata



Table 1. Neuromuscular disorders with signs and symptoms that mimic Pompe disease.^{9,10}

Disorder type	Diagnoses
Dystrophies	Limb-girdle muscular dystrophy Distrophinopathies (Duchenne and Becker muscular dystrophies) Myofibrillar myopathy Myotonic dystrophy type II Scapuloperoneal syndromes Danon disease X-linked myopathy with excessive autophagy Facioscapulohumeral muscular dystrophy Polymyositis myopathies Inclusion body myositis Nemaline rod myopathy Central core and multifocal myopathy Centronuclear myopathy Hyaline body myopathy Other congenital myopathies Glycogen storage diseases Debranching enzyme deficiency myopathies Branching enzyme deficiency McArdle disease (late-onset) Mitochondrial myopathy Lipid disorder myopathies Spinal muscular atrophy types II and III Kennedy disease Amyotrophic lateral sclerosis Myasthenia gravis Congenital myasthenic syndromes Lambert-Eaton syndrome Hereditary neuropathies Chronic inflammatory demyelinating polyneuropathy Amyloid neuropathy
Inflammatory myopathies	Congenital myopathies
Metabolic myopathies	
Motor neuron disorders	
Neuromuscular junction Disorders	
Peripheral neuropathy	

How common is misdiagnosis in late-onset Pompe disease?†

	Incorrect diagnosis	Correct diagnosis
N	11 (4 males)	12 (5 males)
Mean age at symptom onset (years)	33.3 ± 16 (95% CI 21–40)	40.4 ± 11 ($P = 0.35$) (95% CI 33–47)
Mean year of symptom onset	1988 (range 1983–2008)	1993 ($P = 0.35$) (range 1975–2008)
Mean time to diagnosis from symptom onset (years)	10.5 ± 10.7 (95% CI 2.6–18.6)	2.5 ± 2.3 ($P = 0.009$) (95% CI 0.24–3.76)
Mean maximum CK level (reference: 30–220 U/L)	540 ± 415 U/L (95% CI 261–818)	403 ± 278 U/L ($P = 0.18$) (95% CI 216–590)
Prior incorrect diagnosis and presenting symptoms	Deconditioning (1)* Lumbar radiculopathy (1)* Lupus (1) Muscle strain (1) Musculoskeletal disease (1) Obstructive sleep apnea (1)* Polymyalgia rheumatica (1) Polymyositis (1)* Polymyositis + fibromyalgia (1)* Postpolio syndrome (1)* Psychogenic weakness (1)*	Low back pain, leg weakness Dyspnea, leg weakness Limb weakness Low back pain, leg weakness Difficulty running Exercise intolerance, headaches Leg weakness, myalgias Difficulty walking Leg weakness, myalgias Low back pain, leg weakness Leg weakness, myalgias

*Diagnosis made by a neurologist.

Late Onset Glycogen Storage Disease Type II: Pitfalls in the Diagnosis

G.K. Papadimas K. Spengos C. Papadopoulos P. Manta

Patient No.	Age at first symptoms decades	Misdiagnosis	Age at GSD-II diagnosis years	Mutation	GAA in fibroblasts nmoles/mg/min (normal: 0.29–6.23)	GAA in muscle, PH:4 nmoles/g/min	maltose (normal: 75.7–131.1)	MU&G (normal: 3.1–5.5)
1	2rd	hypothyroid myopathy	45	IVS1-13 T>G (homozygous)	0.21	NP	NP	NP
2	4th	connective tissue disorder	60	IVS1-13 T>G ?	0.20	NP	NP	NP
3	2nd	liver disease	32	IVS1-13 T>G and c.2071_2072insAGCCG	0.20	NP	NP	NP
4	1st	muscular dystrophy	31	NP	NP	33.8	1.21	

Case 1

- ▶ Donna di 41 anni obesa presentava dall'adolescenza facile faticabilità a salire e scendere le scale. Ipotiroidea, B bloccanti per ipertensione, statine per ipercolesterolemia.
- ▶ Esami di laboratori: ipercpkemia, aumento enzimi epatici.
- ▶ Bipsisia di muscolo: segni aspecifici.
- ▶ **Diagnosi di Miopoatia da ipotroidismo**
- ▶ la paziente presentava una marcata ipostenia prossimale prevalentemente agli arti inferiori.
- ▶ Con un ritardo di circa 20 anni fu confermata la diagnosi di malattia di Pompe

Case 2

- ▶ Donna di 45 anni con ipostenia prossimale,
- ▶ Facile faticabilità, ptosi palpebrale dx
- ▶ Lieve ipercpkemia, PCR elevata, FR positivo.
- ▶ Biopsia di muscolo: aspecifica
- ▶ **Diagnosi di connettivite** in trattamento con steroidi
- ▶ All'età di 59 anni presentava insufficienza respiratoria con ipostenia diaframmatica
- ▶ Seconda biopsia di muscolo: segni di miopatia metabolica
- ▶ **Diagnosi di Malattia di Pompe**



CASES OF THE MONTH

POMPE DISEASE, THE MUST-NOT-MISS DIAGNOSIS: A REPORT OF 3 PATIENTS**ALBERTO DUBROVSKY, MD,¹ JOSE CORDERI, PT,¹ THEODORA KARASARIDES, BA,² and ANA LIA TARATUTO, MD, PhD³**¹Department of Neurology, Neuromuscular Diseases Unit, Favaloro Foundation, Institute of Neurosciences, Rivadavia 4951-1405, Buenos Aires, Argentina²Myozyme Global Marketing and Strategic Development, Genzyme Corporation, Cambridge, Massachusetts, USA³Department of Neurology, Institute of Neurological Research, FLENI, Buenos Aires, Argentina

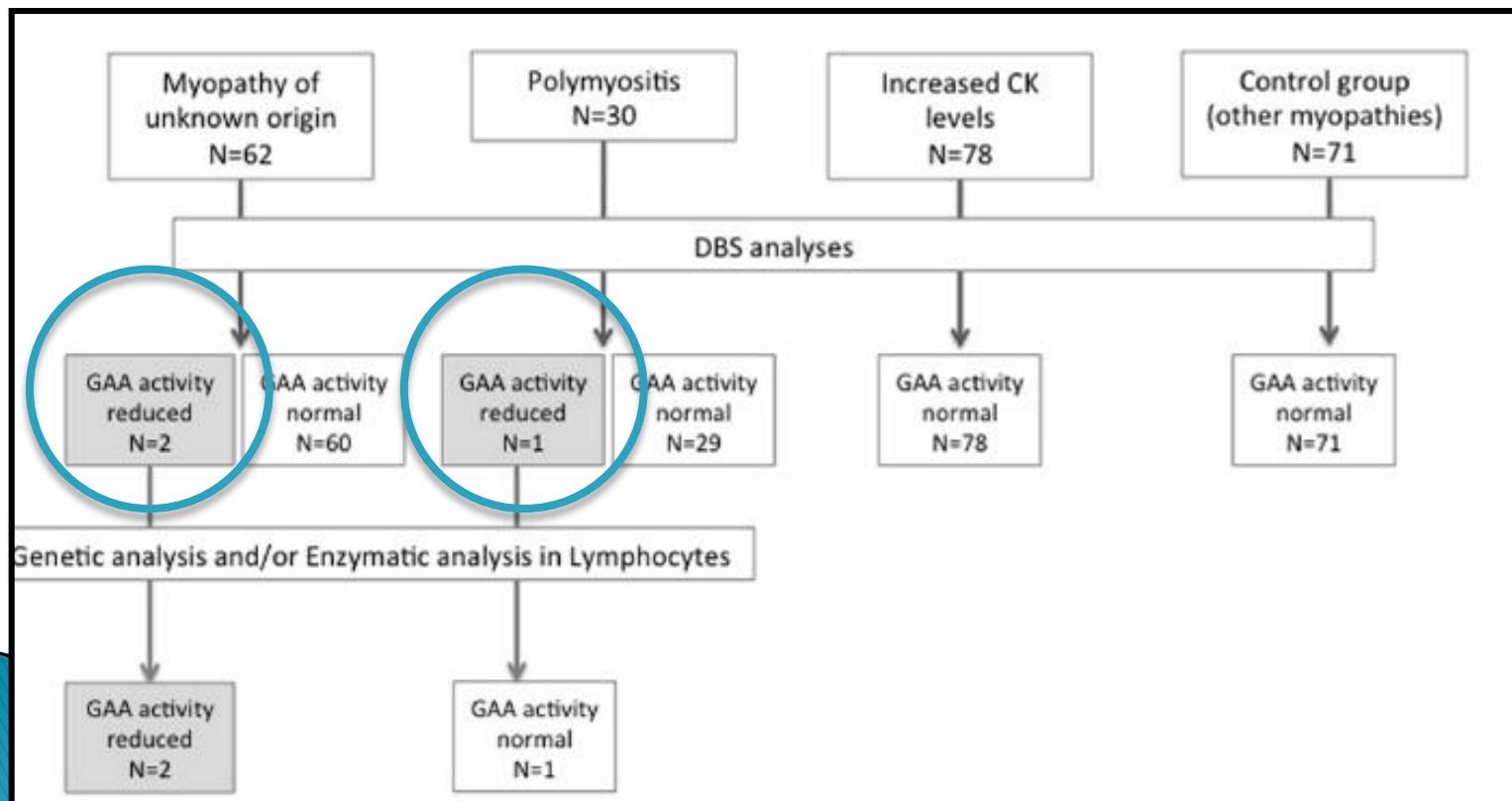
Accepted 19 August 2012

- 45-year-old male initially diagnosed with unspecified limb girdle muscle dystrophy. Diagnostic delay: 13 years.
- 40-year-old male misdiagnosed with unspecified limb girdle muscle dystrophy with respiratory involvement. Diagnostic delay: 10 years.
- 78-year-old female initially diagnosed with possible mitochondrial myopathy due to eyelid ptosis and muscle weakness. Diagnostic delay: 30 years





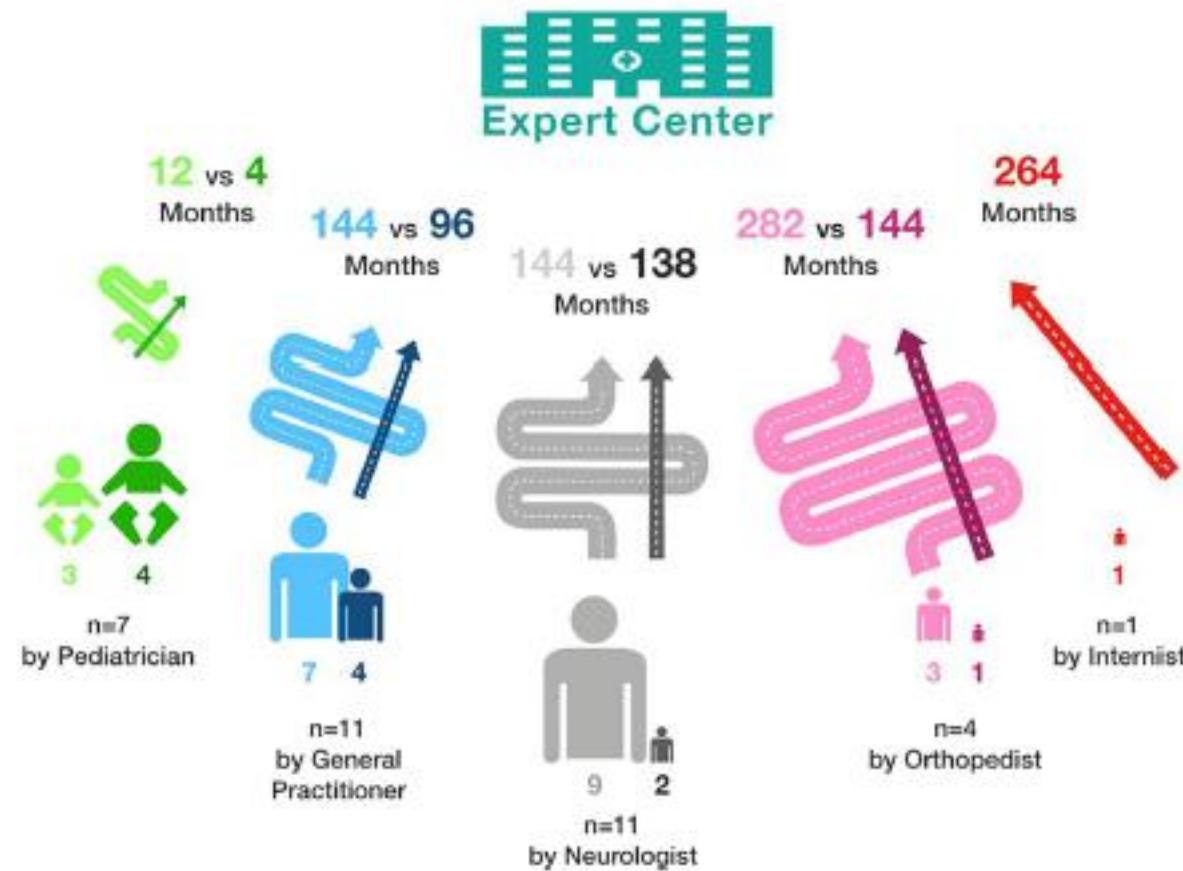
Delayed diagnosis of late-onset Pompe disease in patients with myopathies of unknown origin and/or hyperCKemia





- 63-year-old female initially diagnosed with limb girdle muscle dystrophy at 37 years/old due to proximal muscle weakness, myopathic gait, dysphagia.
- 61-year-old female initially presented proximal muscle weakness in arms and lower limbs.
Diagnostic delay was 9 years.

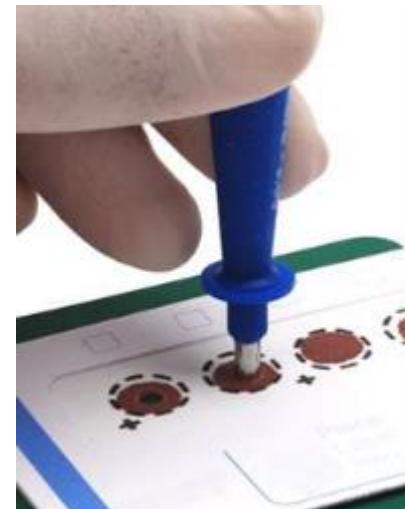
Extent, impact, and predictors of diagnostic delay in Pompe disease: A combined survey approach to unveil the diagnostic odyssey



RESEARCH PAPER

LOPED study: looking for an early diagnosis in a late-onset Pompe disease high-risk population

Multicenter observational study by the "Italian Group for the Study of Glycogen storage disease type II" (Italian Association of Myology, AIM) designed to evaluate the prevalence of GSD II in a large population of patients at high risk for the disease, by means of different biochemical DBS methods:
-Fluorimetric technique
-Tandem mass spectrometry

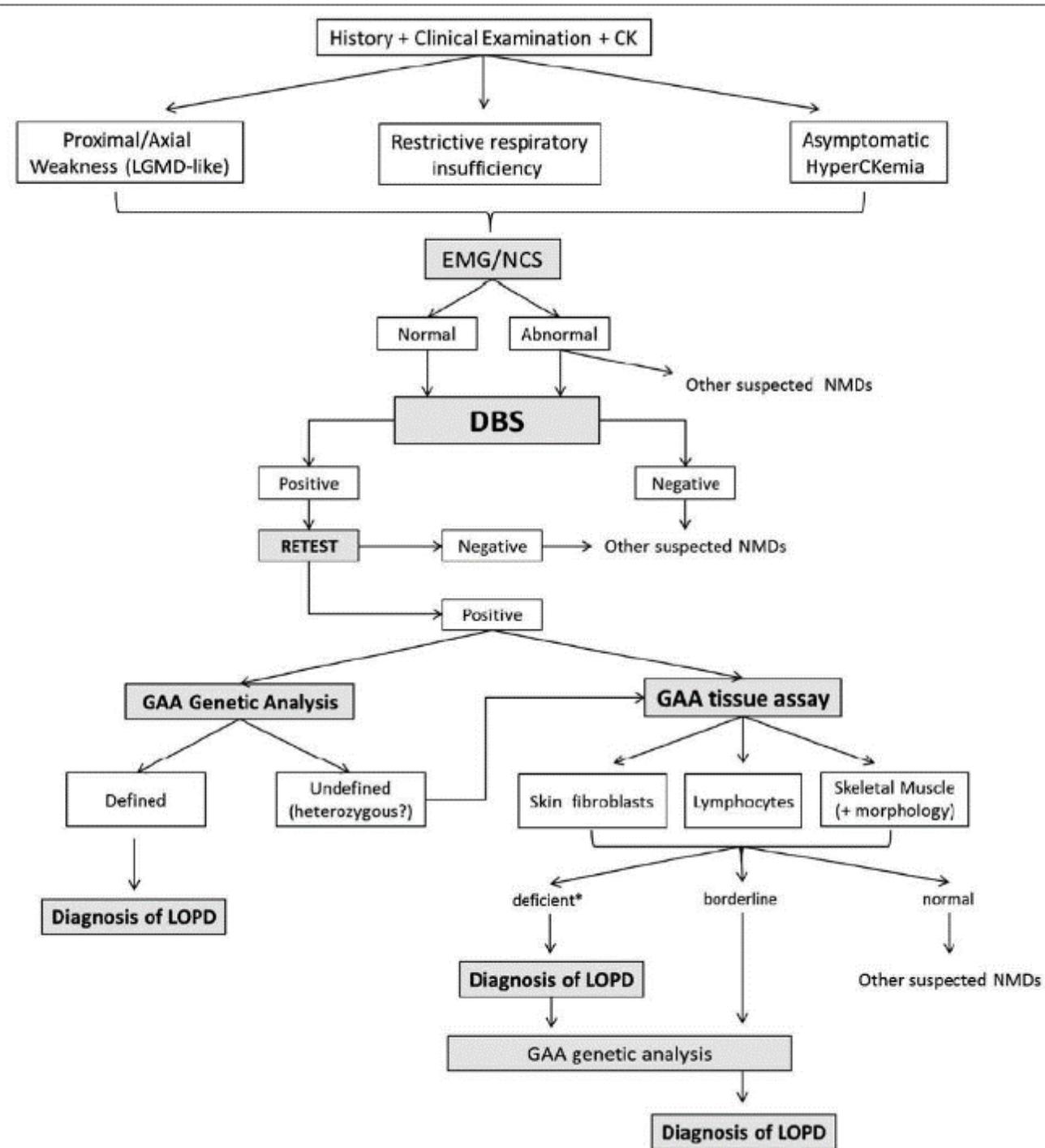


17 pazienti positivi con deficit biochimico confermato

Table 3 Summary of demographic and clinical features of the 17 patients with LOPD

	Patients (n=17)
Age, years, mean (SD)	40±14.36
Gender, n (%)	
Female	9 (52)
Male	8 (47)
Clinical presentation, n (%)	
Isolated hyperCKæmia	5 (29.4)
HyperCKæmia+LGMW	11 (64.7)
LGMW	1 (5.9)
Timing of diagnosis, years, median (IQR)	5 (2.5–10)
BMI, mean (SD)	25.2±5.8
Serum CK, mean (SD)	600±302
Muscle biopsy, n (%)	
Vacuolar myopathy	11 (64.7)
Unspecific changes	6 (35.2)
Muscle GAA %, mean (SD)	9.4±3.8
EMG, n (%)	
Myogenic pattern	10 (58.8)
Normal	7 (41.1)
MRI findings, n (%)	
Abnormal	14 (82.3)
Normal	3 (17.6)
% Predicted FVC, mean (SD)	73±11
6MWT, mean (SD)	452±9
ERT, n (%)	
Yes	14 (82.3)
No	3 (17.6)

6MWT, 6 min walk test; BMI, body mass index; CK, creatine kinase; EMG, electromyography; ERT, enzyme replacement therapy; FVC, forced vital capacity; GAA, acid α -glucosidase; LGMW, limb-girdle muscle weakness; LOPD, late-onset Pompe disease.



Quando inviare il paziente?

Proximal/axial weakness
(LGMD-like)

The combination of
paravertebral and
abdominal muscle
involvement

Asymptomatic
HyperCKemia

Restrictive Respiratory
insufficiency

